Explore miles of footpaths, cycle routes and bridleway along this part of the Nene Valley and discover hidden hamlets, a haven for wildlife and ancient churches. Visitors can follow the Nene Way along the banks of the river for part or all of its 70 miles as it goes up hill and down dale. A network of footpath and bridleways allow you to plan anything from a short walk to a full day hike.

The naturally serene landscape offers the perfect backdrop to any one of the adventurous activities on offer in the valley such as canoeing, kayaking, boating, cycling and fishing.

Wildlife

Many of the lakes within the Nene Valley form part of the Upper Nene Valley gravel pits Special Protection Area a Site of Special Scientific Interest and a wetland of European importance. It is important to keep dogs on a lead and keeping to official and permissive paths.

The Nene Way footpath is a good place to see butterflies, dragonflies and moths in their natural habitat. These areas are used as perches for huge numbers of banded demoiselle damselflies, while the floating vegetation in the river provides nesting sites for the red-eyed damselfly.

Stanwick Lakes

Stanwick Lakes is a unique 76 acre countryside attraction and nature reserve and is widely considered to be one of the regions most imaginative outdoor activity destinations, which also has plenty to see and do indoors. It offers families play areas and lake-adventure families interested in wildlife, nature or just relaxing by the lake. It also has nature trails, a bird hide, café and a shop.

Contact the Oundle Customer Service Centre for ideas of places to visit.
Tel: 01832 274333 (Mon-Sat 10am – 1pm)

www.nenevalley.net