Health and Safety

There are a number of things you can do to help you stay safe whilst cycling.

Wear a high-visibility or reflective jacket. This will not only make you visible to cyclists but also help to prevent you from being hit by other vehicles. If you are cycling in an area where the visibility is not good, it is advisable to wear reflective clothing.

Stay on a cycle path. It is not compulsory, but can help to

2. Pedal Power Cycles

3. McDermott Cycle Centre

4. Northfield Cycles

5. Oakley Cycles

6. Rugby Cycle Hire

7. The Bike Shed

8. Pedal Power Cycles

9. Northfields Ltd